

# *Assessments and Evaluations*

These various forms of assessments and evaluation will give you the opportunity to test your knowledge and abilities as a parent or carer. All learners are required to take this course serious and bring their own skills to share with other learners, to the class through group collaboration. Not all will be parents, and most would have had grown up children who can present their experiences to others.

As a learner you are required to purchase your training tools in a form of books. These will be the main textbooks used during this course so you can have instant access to the reading material and discuss in groups what you have learnt and how you think many of these methods can be applied.

*Books to purchase should be:*

Palmer, Sue. (2007) **Toxic Childhood: How Modern World Is Damaging Our Children And What We Can Do About It.** The Orion Publishing Group.

Palmer, Sue. (2008) **Detoxing Childhood: What Parents Need To Know To Raise Bright, Balanced Children.** The Orion Publishing Group.

*The compulsory assessments for this module are:*

✚ **Weekly reflective learning journals:** Collecting data from each session relating important issues to yourself or/and the family (**Homework**)

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✚ **Class work assessments** (parenting styles – mental health – attachment theories – special needs – disruptive behaviours – socialisation process)

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*Those of you that are not comfortable with writing can opt to do the following:*

✚ **Oral presentations** (Students will have to present their work orally for 15-20 minutes and have accompanying notes for each slide they present to hand out to each student)

If you prefer to write an essay than to do weekly reflective journals you can opt to do the following:

✚ **600-1000-word essay** (This will be selected after knowing your abilities and knowledge on a particular title done during one of our sessions)